

# Safety At Work

## LOOK

- At the **task** you are about to do.
- At the **environment**
- Check for **hazards**.
- At the **Safety signs** & follow **instructions safely**.

## THINK

- What are the safe work **practices**.
- What **training** is relevant.
- What **personal protective equipment** is needed.
- Am I **qualified** to do the job.
- Do I have the right **license**.
- Can I do the job **safely**.

## DO

- Use **personal protective equipment**.
- **Lift safely**.
- Use **safe work practices**.
- **Report** problems or injuries to supervisor or HR and OH&S Manager.
- **Work safely**.



**LABOURPOWER**  
RECRUITMENT SERVICES

*If you experience pain that is not relieved by stretching or rest, contact your supervisor immediately or HR and OH&S Manager on 1800 080 008.*



*Preventing Injury ~ Promoting Health*  
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